

Laura Spector
The Simplified Floral Still Life
FULL MATERIAL LIST - Gouache

GOUACHE PAINT - Please buy specific colors or a close variation to the colors listed below. (traditional/designers/artists' gouache, NOT acrylic gouache)

A note about gouache paints:

As with most paint, the nicer the brand, the more pigment will be present in the paint and the smoother it applies to the support, making your job easier. Gouache comes in different ways including: Tubed, jelly cubes, hard blocks similar to watercolor. I recommend using the tubed paints and squeezing out what you need as you're using them, or putting together a "Travel kit" with the optional materials below.

***You'll notice your list of paint colors contain a warm and cool of primary colors, followed by a list of earth colors. I added optional colors too. Gouache painters love lots of colors because gouache dries fast! It's easier to dip into a color than to mix colors. Good news - dry colors can be reactivated with water!**

Primary Colors:

1. Ultramarine Blue
2. Cobalt Blue
3. Cadmium Yellow Light 4. Cadmium Yellow
5. Terra Rosa
6. Winsor Red
7. Viridian (Green)

Earth Colors:

1. Yellow Ochre
2. Burnt Sienna
3. Trans Red oxide
4. Titanium White
5. Zinc White or Mixing White

Optional:

1. Brilliant Purple
2. Prussian Blue
3. Cadmium Orange

2. PALETTE

You may use your choice of palette as long as it has plenty of room for mixing colors. I use a rectangular watercolor mixing tray.

3. PALETTE KNIFE

Choose a size that will comfortably mix paint on your palette. **NO PLASTIC**

4. GOUACHE PAINT BRUSHES - (Watercolor Brushes)

I like rounds, flats, and filberts. Sometimes, I'll experiment with hogshair bristles too.

Notes on Brushes:

Watercolor brushes are a worthy investment. I prefer to invest in a good brand that will last many years with good care. Pre-set packages of brushes are OK. Test bristles by gently tugging them. If hairs fall out or metal part is wiggly do not purchase. Brushes should have a nice "snap". Bristles should spring back up quickly. New bristles may be stiff because they are dipped in water-soluble glue or cornstarch for shipping. This is removed by running bristles under warm water and reshaping with your fingers. All measurements/brush numbers will be different depending on the manufacturer. **Each manufacturer has their own method of sizing bristles. There is no standard. My measurements listed refer to the width of the bristles from the left to the right side and do not have to be exact.**

Include: (at least)

TWO FLAT brushes (1/8", 1/4" wide - width is measured left to right side of bristles) I like to include a large flat brush too if I intend to use watercolor to tone the paper.

ONE FILBERT brushes. (1/4" soft synthetic bristles)

ONE ROUND synthetic brush (tiny "0" for details and contour lines)

Add brushes as you need them. You will find your favorites along the way.

5. Mixed Media Sketchbook

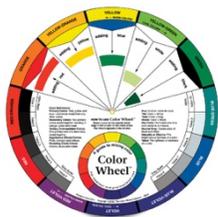
My favorite paper to use is Canson's Cream Drawing Paper (60 pages, 90lb, 5.5" x 8.5"). It is not meant for water-media but it works OK. It does buckle a little if I use too much water, but I love the multi-use sketchbook for gouache, silverpoint, graphite, and ink.

The best gouache paper I've found is a toss up between **Strathmore 300 Series Mixed Media Pad (Yellow cover)** and **Canson XL Mixed Media Paper (Blue cover)**.

6. SMALL SPRAY BOTTLE

The kind for toiletries in the travel section of a drug store is perfect.

7. COLOR WHEEL



8. CHEAP TISSUES or PAPER TOWELS

Make sure they do not contain lotion or anything but paper.

9. PLASTIC CUP OR GLASS JAR

To use for rinsing your brushes throughout your process

11. PENCILS

For taking notes and making preliminary drawings.

12. OPTIONAL:

Winsor & Newton Blending Medium (This can be added to paint with a pipette to keep paint wet for weeks).

Watercolor Palette



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